

simply earth®

Unicorn Confetti Melt & Pour Soap

Recipe Cheat Sheet





Letter From Katie

Hey Earthie!

Looking for another fun way to use your essential oils? You will LOVE using them to make your own soap. Store bought soaps are often made with questionable ingredients. When we make our own soap, we can be confident that what we are using is safe.

I'm Katie, a certified aromatherapist, co-founder of Simply Earth, and I get to be your guide to making melt & pour soap using essential oils with confidence and clarity.

Making your own soap is so much fun. This cheat sheet is a guide to making our Unicorn Confetti Soap, inspired by my children's book, *Aroma the Unicorn*, and my daughters' love of unicorns. With this cheat sheet, you'll learn about the ingredients you're using and I will share my best tips for making your recipe a success!

Let's get started!

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What is Melt & Pour Soap?

Melt & pour soap is a soap base. It can be used as is, or it can be melted and mixed with other ingredients. You melt it, mix it with the ingredients you want, pour it, and let it cool.

Soaps are made by combining oils and fats with a strong alkaline solution (also known as lye). Melt & pour soap has already gone through this process. It's already soap. Using melt & pour soap is an easy way to customize your own soap creations without going through the extra chemical process involved when using a harsh ingredient like lye.

That's why many people will call working with melt & pour soap, "soap crafting". You're not technically making the soap, you're customizing already made soap to make it amazing.



Ingredients for Unicorn Confetti Soap Recipe

Here's what you'll need to make our Unicorn Confetti Melt & Pour Soap Recipe:

From Simply Earth

6 Cavity Soap Mold

- Creates the soap bar shape.

Melt & Pour Soap Base

- For this recipe, we'll be using both glycerin soap base and shea butter soap base.

Mica Powder

- We'll use this to create our fun confetti colors.
- We'll need Simply Earth's Fuchsia Mica Powder, Yellow Gold Mica Powder, Indigo Blue Mica Powder, and Tiger Orange Mica Powder.

Unicorn Essential Oil Blend

- This Simply Earth blend is uplifting and calming--perfect for this unicorn-themed soap!



From Home

Isopropyl Alcohol (in a spray bottle)

- Prevents bubbles from forming on the soap.
- Helps bind our confetti embeds and glycerin soap base together.



Tips for Making Unicorn Confetti Soap

Melting Soap

One of the first steps to this recipe is cutting your soap into 1 inch cubes. This helps the soap melt more evenly. It's easy to overheat soap, so we want to avoid big chunks of soap that will take longer to melt compared to smaller chunks in the same bowl.

You can melt soap on the stove using a double boiler, just the pot, or in a liquid measuring cup in the microwave. Using the stove takes a bit longer, but it will make it easier to control the temperature of your soap. Using a microwave will be faster, but microwaves don't heat things evenly. To melt soap in the microwave, you'll need to use 5-10 second intervals and stir between each interval.

You want your soap to melt, but not bubble up. Soap that is boiling has been overheated. It will still function as soap, but will affect the look of your design. The soap bar will be harder and more brittle.

If you're using a microwave, watch the soap closely as it can easily overheat and bubble. When first starting with melt & pour soap, I recommend melting it on the stove, so that you have more control over how it's melting.



Mica Powder

For this recipe, we are using four different colors of mica powder. You can swap these colors out for any that you'd like. You can also use more or less colors depending on your preference.

When you first add the mica powder to the soap, it will be a little bit clumpy. You can prevent this by dispersing the mica powder in a small amount rubbing alcohol before adding it to the soap. You can also remove clumps by stirring. I prefer mixing the mica powder with rubbing alcohol beforehand.



Glycerin Soap

Out of the box, Simply Earth glycerin soap will be cloudy and white. However, once you melt it, it will become clear and will create a clear layer over our confetti pieces.



Rubbing Alcohol

Rubbing alcohol is an important ingredient for melt & pour soap. Spraying it over layers of soap will prevent air bubbles and help bind layers of soap together.



Unicorn Essential Oil Blend

This blend of essential oils has a natural orange tint. Because of that, we add it only to the shea butter soap base to prevent the essential oil from tinting our glycerin soap base. We want our glycerin soap base to be as clear as possible.



Reuse Melt & Pour Soap

If you end up with too much soap for your recipe, you can pour the extra soap into a soap mold. This can be remelted and used in later melt and pour soap recipes.

If you have too little soap, simply cut and melt more soap.



Unicorn Confetti Soap Recipe



Ingredients

From Simply Earth:

- 6 cavity soap mold
- 2lb shea butter melt & pour soap base
- 2lb glycerin melt & pour soap base
- Fuchsia mica powder

- Yellow gold mica powder
- Indigo blue mica powder
- Tiger orange mica powder
- Unicorn Essential Oil Blend

From Your Home:

- Isopropyl alcohol (in a spray bottle)

1*

Cut the shea butter soap base in half. Take one half of the soap and cut it into three equal pieces. Take two of these pieces to use in your recipe. Store the rest of the soap for future recipes.

8*

While your soap is setting, cut the 2lb block of glycerin melt & pour soap into halves. Take one half of your soap and cut it into 1 inch cubes. Store the remaining soap for future recipes.

2

Chop your shea butter soap into 1 inch cubes. Divide these cubes into 4 equal parts.

9

Once your bars of colored soap have set, cut up each bar of soap into small confetti-like pieces.

3

Melt one portion of the shea butter soap base.

10

Mix up your soap pieces and fill each cavity of your soap mold. Spritz the soap with isopropyl alcohol.

4

Add 15 drops of Unicorn Essential Oil Blend and a dash of yellow mica powder to the melted soap and stir.

11

Melt the glycerin soap base.

5

Pour the soap into one of the soap cavities in your soap mold. Spritz the soap with isopropyl alcohol to prevent air bubbles.

12

Fill the mold the rest of the way with the melted glycerin soap.

6

Repeat steps 3-5 for each of the portions of soap you cut in step 2 using a different mica color each time.

13

Allow your soap to cool and set. Once finished, remove from the mold and enjoy your fun Unicorn Confetti Soap!

7

Allow the soap to completely set.

*If you have a scale at home, you can instead weigh out 10 oz of shea butter soap and 12 oz of glycerin melt and pour soap and cut it into 1 inch cubes.



Essential Oils Made Simple

The secret to mastering essential oils is knowing what information to trust.

You shouldn't have to waste your time searching the internet for what to do with essential oils and still feel confused.

Using essential oils should be fun and exciting. You should know that you are using them safely for yourself, your friends, and family.

That's why I created the Simply Earth Essential Oil Recipe Box.

Master Essential Oils in 3 Easy Steps!

The Essential Oil Recipe Box will give you all the ingredients you need, and we'll teach you step by step how to make your own products!



STEP 1

Get the Only Box With 4 Oils and 6 Recipes



STEP 2

Learn How to Use Your Essential Oils



STEP 3

Ditch the Toxins and Use the Products You Made



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